



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Dietzel, Kathrin

Club: SV Rot-Weiss Wiesenthal

Number: 389

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:06:58

Speed: 8.06 km/h

Running performance: 6:52 min/km

Rank in course/Total: 136 (of 149)

Rank in course/Women: 36 (of 44)

Best time in course: 47:58

Rank in category: 5(of 5)

Best time in the category: 53:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:15	6:13	4	2:23	31	4:51	3.25	20:15	6:13	5	2:23	16	0:12
Lap 2	3.25	22:34	6:56	4	4:30	33	6:22	6.50	42:49	6:35	5	6:53	16	0:11
Last lap Finish	3.25	24:09	7:25	5	6:10	41	7:47	9.75	1:06:58	6:52	5	13:03	37	21:55