



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Croon, Christiane

Club: ifi-aner

Number: 336

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:09:01

Speed: 7.82 km/h

Running performance: 7:05 min/km

Rank in course/Total: 140 (of 149)

Rank in course/Women: 39 (of 44)

Best time in course: 47:58

Rank in category: 4(of 5)

Best time in the category: 56:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:04	6:47	4	3:35	38	6:40	3.25	22:04	6:47	4	3:35	18	2:01
Lap 2	3.25	23:16	7:09	4	4:18	38	7:04	6.50	45:20	6:58	4	7:53	18	2:42
Last lap Finish	3.25	23:41	7:17	4	4:26	38	7:19	9.75	1:09:01	7:04	4	12:19	40	23:58