



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Hermann, Regina

Club: USZ Dresden

Number: 421

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 1:09:50

Speed: 7.73 km/h

Running performance: 7:10 min/km

Rank in course/Total: 141 (of 149)

Rank in course/Women: 40 (of 44)

Best time in course: 47:58

Rank in category: 1(of 1)

Best time in the category: 1:09:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:42	6:59	1	-	41	7:18	3.25	22:42	6:59	1	-	19	2:39
Lap 2	3.25	23:23	7:11	1	-	39	7:11	6.50	46:05	7:05	1	-	19	3:27
Last lap Finish	3.25	23:45	7:18	1	-	40	7:23	9.75	1:09:50	7:09	1	-	41	24:47