



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Braun, Christine

Club: Halber Hai e.V.

Number: 326

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:14:54

Speed: 7.21 km/h

Running performance: 7:41 min/km

Rank in course/Total: 144 (of 149)

Rank in course/Women: 41 (of 44)

Best time in course: 47:58

Rank in category: 6(of 6)

Best time in the category: 51:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	23:34	7:15	6	7:08	42	8:10	3.25	23:34	7:15	6	7:08	20	3:31
Lap 2	3.25	25:02	7:42	6	7:32	41	8:50	6.50	48:36	7:28	6	14:40	20	5:58
Last lap Finish	3.25	26:18	8:05	6	8:43	42	9:56	9.75	1:14:54	7:40	6	23:23	42	29:51