



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Lorenz, Jan Niklas

Club: KamsdorferSpassSportler

Number: 338

Course: 9.75 km

10 km Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 43:23

Speed: 12.45 km/h

Running performance: 4:27 min/km

Rank in course/Total: 14 (of 149)

Rank in course/Men: 14 (of 105)

Best time in course: 32:58

Rank in category: 2(of 7)

Best time in the category: 40:40

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 14:42 | 4:31 | 3 | 2:09 | 24 | 4:27 | 3.25 | 14:42 | 4:31 | 2 | 2:09 | 15 | 4:27 |
| Lap 2 | 3.25 | 14:24 | 4:25 | 2 | 0:24 | 10 | 2:37 | 6.50 | 29:06 | 4:28 | 2 | 2:33 | 14 | 4:21 |
| Last lap Finish | 3.25 | 14:17 | 4:23 | 2 | 0:10 | 10 | 6:04 | 9.75 | 43:23 | 4:26 | 2 | 2:43 | 14 | 10:25 |