



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Fleig, Bernd

Club: LT Furtwangen

Number: 36

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:38:01

Speed: 13.93 km/h

Running performance: 4:19 min/km

Rank in course/Total: 3 (of 128)

Rank in course/Men: 3 (of 109)

Best time in course: 1:26:57

Rank in category: 1(of 21)

Best time in the category: 1:38:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:55	4:16	3	0:58	10	1:39	3.25	13:55	4:16	20			8	13:55
Lap 2	3.25	14:00	4:18	2	0:46	7	1:43	6.50	27:55	4:17	20			8	27:55
Lap 3	3.25	13:56	4:17	2	0:19	4	1:45	9.75	41:51	4:17	11			6	41:51
Lap 4	3.25	14:10	4:21	2	0:22	5	1:58	13.00	56:01	4:18	11			5	56:01
Lap 5	3.25	14:04	4:19	1	-	3	1:29	16.25	1:10:05	4:18	11			4	55:16
Lap 6	3.25	14:05	4:20	1	-	2	1:27	19.50	1:24:10	4:18	11			4	51:30
Last lap Finish	3.25	13:51	4:15	1	-	6	13:26	22.75	1:38:01	4:18	3	40:37		8	53:37