



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Dr. Ecke, Michael

Club: Eisenach

Number: 106

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:39:39

Speed: 13.25 km/h

Running performance: 4:23 min/km

Rank in course/Total: 5 (of 128)

Rank in course/Men: 5 (of 109)

Best time in course: 1:26:57

Rank in category: 1(of 16)

Best time in the category: 1:39:39

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:16	4:23	1	-	13	2:00	3.25	14:16	4:23	2	14:16	10	14:16
Lap 2	3.25	13:54	4:16	1	-	5	1:37	6.50	28:10	4:20	2	28:10	10	28:10
Lap 3	3.25	14:04	4:19	1	-	6	1:53	9.75	42:14	4:19	2	42:14	8	42:14
Lap 4	3.25	14:15	4:23	1	-	6	2:03	13.00	56:29	4:20	2	56:29	7	56:29
Lap 5	3.25	14:25	4:26	1	-	4	1:50	16.25	1:10:54	4:21	2	56:05	6	56:05
Lap 6	3.25	14:19	4:24	1	-	5	1:41	19.50	1:25:13	4:22	2	52:33	6	52:33
Last lap Finish	3.25	14:26	4:26	1	-	9	14:01	22.75	1:39:39	4:22	1	-	10	55:15