



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Kretzschmar, Manfred

Club: Ichtshausen

Number: 28

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:39:51

Speed: 13.22 km/h

Running performance: 4:23 min/km

Rank in course/Total: 6 (of 128)

Rank in course/Men: 6 (of 109)

Best time in course: 1:26:57

Rank in category: 2(of 8)

Best time in the category: 1:36:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:53	4:16	1	-	9	1:37	3.25	13:53	4:16	2		11	13:53
Lap 2	3.25	13:55	4:16	2	0:31	6	1:38	6.50	27:48	4:16	2		11	27:48
Lap 3	3.25	14:19	4:24	2	0:24	7	2:08	9.75	42:07	4:19	2	0:15	9	42:07
Lap 4	3.25	14:32	4:28	2	0:39	8	2:20	13.00	56:39	4:21	2	0:54	8	56:39
Lap 5	3.25	14:32	4:28	2	0:49	5	1:57	16.25	1:11:11	4:22	2	1:43	7	56:22
Lap 6	3.25	14:36	4:29	2	0:26	7	1:58	19.50	1:25:47	4:23	2	2:09	7	53:07
Last lap Finish	3.25	14:04	4:19	3	13:37	7	13:39	22.75	1:39:51	4:23	2	3:01	11	55:27