



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Lesser, Steffen

Club: Bosch Eisenach

Number: 4

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:43:22

Speed: 13.21 km/h

Running performance: 4:32 min/km

Rank in course/Total: 10 (of 128)

Rank in course/Men: 10 (of 109)

Best time in course: 1:26:57

Rank in category: 2(of 14)

Best time in the category: 1:26:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:52	4:15	3	1:36	8	1:36	3.25	13:52	4:15	2	1:36	15	13:52
Lap 2	3.25	14:06	4:20	3	1:49	10	1:49	6.50	27:58	4:18	2	3:25	15	27:58
Lap 3	3.25	14:27	4:26	2	2:16	9	2:16	9.75	42:25	4:21	2	5:41	13	42:25
Lap 4	3.25	14:58	4:36	2	2:46	12	2:46	13.00	57:23	4:24	2	8:27	12	57:23
Lap 5	3.25	15:27	4:45	2	2:52	13	2:52	16.25	1:12:50	4:28	2	11:19	11	58:01
Lap 6	3.25	15:20	4:43	2	2:42	12	2:42	19.50	1:28:10	4:31	2	14:01	11	55:30
Last lap Finish	3.25	15:12	4:40	2	2:24	15	14:47	22.75	1:43:22	4:32	2	16:25	15	58:58