



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Dünisch, Martin

Club: Haßfurt

Number: 95

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:46:11

Speed: 12.86 km/h

Running performance: 4:40 min/km

Rank in course/Total: 13 (of 128)

Rank in course/Men: 13 (of 109)

Best time in course: 1:26:57

Rank in category: 4(of 21)

Best time in the category: 1:38:01

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:39	4:12	2	0:42	6	1:23	3.25	13:39	4:12	17		19	13:39
Lap 2	3.25	14:21	4:24	3	1:07	15	2:04	6.50	28:00	4:18	17		19	28:00
Lap 3	3.25	14:33	4:28	3	0:56	11	2:22	9.75	42:33	4:21	17		16	42:33
Lap 4	3.25	15:03	4:37	4	1:15	14	2:51	13.00	57:36	4:25	17		15	57:36
Lap 5	3.25	15:44	4:50	4	1:40	15	3:09	16.25	1:13:20	4:30	17		14	58:31
Lap 6	3.25	16:07	4:57	5	2:02	16	3:29	19.50	1:29:27	4:35	17		13	56:47
Last lap Finish	3.25	16:44	5:08	7	2:53	22	16:19	22.75	1:46:11	4:40	6	48:47	19	1:01:47