



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Dünisch, Martin

Club: Haßfurt

Number: 95

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:46:11

Speed: 12.43 km/h

Running performance: 4:40 min/km

Rank in course/Total: 13 (of 128)

Rank in course/Men: 13 (of 109)

Best time in course: 1:26:57

Rank in category: 4(of 21)

Best time in the category: 1:38:01

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|---------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 13:39 | 4:12 | 2 | 0:42 | 6 | 1:23 | 3.25 | 13:39 | 4:12 | 17 | | | 19 | 13:39 |
| Lap 2 | 3.25 | 14:21 | 4:24 | 3 | 1:07 | 15 | 2:04 | 6.50 | 28:00 | 4:18 | 17 | | | 19 | 28:00 |
| Lap 3 | 3.25 | 14:33 | 4:28 | 3 | 0:56 | 11 | 2:22 | 9.75 | 42:33 | 4:21 | 17 | | | 16 | 42:33 |
| Lap 4 | 3.25 | 15:03 | 4:37 | 4 | 1:15 | 14 | 2:51 | 13.00 | 57:36 | 4:25 | 17 | | | 15 | 57:36 |
| Lap 5 | 3.25 | 15:44 | 4:50 | 4 | 1:40 | 15 | 3:09 | 16.25 | 1:13:20 | 4:30 | 17 | | | 14 | 58:31 |
| Lap 6 | 3.25 | 16:07 | 4:57 | 5 | 2:02 | 16 | 3:29 | 19.50 | 1:29:27 | 4:35 | 17 | | | 13 | 56:47 |
| Last lap Finish | 3.25 | 16:44 | 5:08 | 7 | 2:53 | 22 | 16:19 | 22.75 | 1:46:11 | 4:40 | 6 | 48:47 | | 19 | 1:01:47 |