



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Redemann, Andreas

Club: Rentiere

Number: 43

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:50:03

Speed: 12.40 km/h

Running performance: 4:50 min/km

Rank in course/Total: 17 (of 128)

Rank in course/Men: 17 (of 109)

Best time in course: 1:26:57

Rank in category: 3(of 16)

Best time in the category: 1:39:39

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:18	4:24	2	0:02	14	2:02	3.25	14:18	4:24	4	14:18	23	14:18
Lap 2	3.25	15:09	4:39	4	1:15	22	2:52	6.50	29:27	4:31	4	29:27	23	29:27
Lap 3	3.25	15:36	4:47	4	1:32	19	3:25	9.75	45:03	4:37	4	45:03	20	45:03
Lap 4	3.25	15:46	4:51	3	1:31	18	3:34	13.00	1:00:49	4:40	4	1:00:49	19	1:00:49
Lap 5	3.25	16:08	4:57	3	1:43	18	3:33	16.25	1:16:57	4:44	4	1:02:08	18	1:02:08
Lap 6	3.25	16:29	5:04	3	2:10	19	3:51	19.50	1:33:26	4:47	4	1:00:46	17	1:00:46
Last lap Finish	3.25	16:37	5:06	4	2:11	20	16:12	22.75	1:50:03	4:50	3	10:24	23	1:05:39