



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Christ, Jörn

Club: SV scn energy Torgelow

Number: 52

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:50:19

Speed: 11.97 km/h

Running performance: 4:51 min/km

Rank in course/Total: 18 (of 128)

Rank in course/Men: 18 (of 109)

Best time in course: 1:26:57

Rank in category: 3(of 14)

Best time in the category: 1:26:57

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:41	3:54	2	0:25	2	0:25	3.25	12:41	3:54	3	0:25	24	12:41
Lap 2	3.25	13:35	4:10	2	1:18	4	1:18	6.50	26:16	4:02	3	1:43	24	26:16
Lap 3	3.25	15:09	4:39	3	2:58	14	2:58	9.75	41:25	4:14	3	4:41	21	41:25
Lap 4	3.25	15:29	4:45	3	3:17	16	3:17	13.00	56:54	4:22	3	7:58	20	56:54
Lap 5	3.25	16:35	5:06	5	4:00	24	4:00	16.25	1:13:29	4:31	3	11:58	19	58:40
Lap 6	3.25	18:06	5:34	9	5:28	47	5:28	19.50	1:31:35	4:41	3	17:26	18	58:55
Last lap Finish	3.25	18:44	5:45	9	5:56	57	18:19	22.75	1:50:19	4:50	3	23:22	24	1:05:55