



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Etzel, Bernhard

Club: Esslingen

Number: 88

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:54:43

Speed: 11.90 km/h

Running performance: 5:02 min/km

Rank in course/Total: 24 (of 128)

Rank in course/Men: 24 (of 109)

Best time in course: 1:26:57

Rank in category: 6(of 14)

Best time in the category: 1:26:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:17	4:42	5	3:01	24	3:01	3.25	15:17	4:42	6	3:01	30	15:17
Lap 2	3.25	15:34	4:47	5	3:17	27	3:17	6.50	30:51	4:44	6	6:18	30	30:51
Lap 3	3.25	15:43	4:50	4	3:32	20	3:32	9.75	46:34	4:46	6	9:50	27	46:34
Lap 4	3.25	15:56	4:54	4	3:44	21	3:44	13.00	1:02:30	4:48	6	13:34	26	1:02:30
Lap 5	3.25	16:56	5:12	6	4:21	34	4:21	16.25	1:19:26	4:53	6	17:55	25	1:04:37
Lap 6	3.25	17:18	5:19	7	4:40	34	4:40	19.50	1:36:44	4:57	6	22:35	24	1:04:04
Last lap Finish	3.25	17:59	5:31	6	5:11	42	17:34	22.75	1:54:43	5:02	6	27:46	30	1:10:19