



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Stolz, Rüdiger

Club: SV 1885 Teutschenthal

Number: 49

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:54:45

Speed: 11.90 km/h

Running performance: 5:02 min/km

Rank in course/Total: 25 (of 128)

Rank in course/Men: 25 (of 109)

Best time in course: 1:26:57

Rank in category: 4(of 16)

Best time in the category: 1:39:39

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 15:05 | 4:38 | 4 | 0:49 | 23 | 2:49 | 3.25 | 15:05 | 4:38 | 5 | 15:05 | 31 | 15:05 |
| Lap 2 | 3.25 | 15:24 | 4:44 | 5 | 1:30 | 23 | 3:07 | 6.50 | 30:29 | 4:41 | 5 | 30:29 | 31 | 30:29 |
| Lap 3 | 3.25 | 15:58 | 4:54 | 5 | 1:54 | 22 | 3:47 | 9.75 | 46:27 | 4:45 | 5 | 46:27 | 28 | 46:27 |
| Lap 4 | 3.25 | 16:17 | 5:00 | 5 | 2:02 | 26 | 4:05 | 13.00 | 1:02:44 | 4:49 | 5 | 1:02:44 | 27 | 1:02:44 |
| Lap 5 | 3.25 | 17:05 | 5:15 | 7 | 2:40 | 38 | 4:30 | 16.25 | 1:19:49 | 4:54 | 5 | 1:05:00 | 26 | 1:05:00 |
| Lap 6 | 3.25 | 17:16 | 5:18 | 6 | 2:57 | 32 | 4:38 | 19.50 | 1:37:05 | 4:58 | 5 | 1:04:25 | 25 | 1:04:25 |
| Last lap Finish | 3.25 | 17:40 | 5:26 | 6 | 3:14 | 38 | 17:15 | 22.75 | 1:54:45 | 5:02 | 4 | 15:06 | 31 | 1:10:21 |