



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Stolz, Rüdiger

Club: SV 1885 Teutschenthal

Number: 49

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:54:45

Speed: 11.50 km/h

Running performance: 5:02 min/km

Rank in course/Total: 25 (of 128)

Rank in course/Men: 25 (of 109)

Best time in course: 1:26:57

Rank in category: 4(of 16)

Best time in the category: 1:39:39

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:05	4:38	4	0:49	23	2:49	3.25	15:05	4:38	5	15:05	31	15:05
Lap 2	3.25	15:24	4:44	5	1:30	23	3:07	6.50	30:29	4:41	5	30:29	31	30:29
Lap 3	3.25	15:58	4:54	5	1:54	22	3:47	9.75	46:27	4:45	5	46:27	28	46:27
Lap 4	3.25	16:17	5:00	5	2:02	26	4:05	13.00	1:02:44	4:49	5	1:02:44	27	1:02:44
Lap 5	3.25	17:05	5:15	7	2:40	38	4:30	16.25	1:19:49	4:54	5	1:05:00	26	1:05:00
Lap 6	3.25	17:16	5:18	6	2:57	32	4:38	19.50	1:37:05	4:58	5	1:04:25	25	1:04:25
Last lap Finish	3.25	17:40	5:26	6	3:14	38	17:15	22.75	1:54:45	5:02	4	15:06	31	1:10:21