



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Beringer, Martin

Club: Naked Woodrunners

Number: 39

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 1:55:30

Speed: 11.43 km/h

Running performance: 5:05 min/km

Rank in course/Total: 26 (of 128)

Rank in course/Men: 26 (of 109)

Best time in course: 1:26:57

Rank in category: 2(of 6)

Best time in the category: 1:42:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:39	4:48	3	2:37	28	3:23	3.25	15:39	4:48	3	2:37	35	15:39	
Lap 2	3.25	16:02	4:56	4	1:59	30	3:45	6.50	31:41	4:52	3	4:36	35	31:41	
Lap 3	3.25	16:17	5:00	3	0:11	33	4:06	9.75	47:58	4:55	2	4:47	32	47:58	
Lap 4	3.25	16:37	5:06	2	2:55	34	4:25	13.00	1:04:35	4:58	2	7:42	31	1:04:35	
Lap 5	3.25	17:03	5:14	2	2:10	37	4:28	16.25	1:21:38	5:01	2	9:52	30	1:06:49	
Lap 6	3.25	16:51	5:11	2	1:38	23	4:13	19.50	1:38:29	5:03	2	11:30	29	1:05:49	
Last lap Finish	3.25	17:01	5:14	2	1:50	26	16:36	22.75	1:55:30	5:04	3	1:11:06	32	1:11:06	