



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Fuhrwerk, René

Club: Wismar

Number: 89

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:56:53

Speed: 11.29 km/h

Running performance: 5:08 min/km

Rank in course/Total: 32 (of 128)

Rank in course/Men: 32 (of 109)

Best time in course: 1:26:57

Rank in category: 7(of 14)

Best time in the category: 1:26:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:11	4:58	8	3:55	36	3:55	3.25	16:11	4:58	7	3:55	37	16:11	
Lap 2	3.25	16:03	4:56	6	3:46	31	3:46	6.50	32:14	4:57	7	7:41	37	32:14	
Lap 3	3.25	16:22	5:02	7	4:11	34	4:11	9.75	48:36	4:59	7	11:52	34	48:36	
Lap 4	3.25	16:47	5:09	7	4:35	38	4:35	13.00	1:05:23	5:01	7	16:27	33	1:05:23	
Lap 5	3.25	16:58	5:13	7	4:23	35	4:23	16.25	1:22:21	5:04	7	20:50	32	1:07:32	
Lap 6	3.25	17:05	5:15	5	4:27	28	4:27	19.50	1:39:26	5:05	7	25:17	31	1:06:46	
Last lap Finish	3.25	17:27	5:22	5	4:39	32	17:02	22.75	1:56:53	5:08	7	29:56	38	1:12:29	