



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Pasewaldt, Steven

Club: VFB IMO Merseburg

Number: 77

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:57:36

Speed: 11.22 km/h

Running performance: 5:10 min/km

Rank in course/Total: 35 (of 128)

Rank in course/Men: 35 (of 109)

Best time in course: 1:26:57

Rank in category: 8(of 21)

Best time in the category: 1:38:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:42	4:49	7	2:45	29	3:26	3.25	15:42	4:49	14	1:22	40	15:42	
Lap 2	3.25	16:09	4:58	8	2:55	35	3:52	6.50	31:51	4:54	14	1:52	40	31:51	
Lap 3	3.25	16:46	5:09	10	3:09	40	4:35	9.75	48:37	4:59	14		37	48:37	
Lap 4	3.25	17:12	5:17	11	3:24	40	5:00	13.00	1:05:49	5:03	14		36	1:05:49	
Lap 5	3.25	17:11	5:17	13	3:07	41	4:36	16.25	1:23:00	5:06	14		35	1:08:11	
Lap 6	3.25	17:17	5:19	9	3:12	33	4:39	19.50	1:40:17	5:08	14		34	1:07:37	
Last lap Finish	3.25	17:19	5:19	8	3:28	29	16:54	22.75	1:57:36	5:10	10	1:00:12	41	1:13:12	