



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

## Detailed evaluation

**Lorenz, Mario**

Club: FSV Schloßböckelheim

Number: 127

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:59:26

Speed: 11.05 km/h

Running performance: 5:15 min/km

Rank in course/Total: 39 (of 128)

Rank in course/Men: 39 (of 109)

Best time in course: 1:26:57

Rank in category: 4(of 21)

Best time in the category: 1:46:21

### Intermediate times

### Stage score

### Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	15:50	4:52	2	1:22	31	3:34	3.25	15:50	4:52	17		43	15:50
Lap 2	3.25	16:07	4:57	3	1:21	34	3:50	6.50	31:57	4:54	17		43	31:57
Lap 3	3.25	16:42	5:08	4	1:49	39	4:31	9.75	48:39	4:59	17		40	48:39
Lap 4	3.25	16:55	5:12	4	1:55	39	4:43	13.00	1:05:34	5:02	17		39	1:05:34
Lap 5	3.25	17:37	5:25	4	2:14	45	5:02	16.25	1:23:11	5:07	17		38	1:08:22
Lap 6	3.25	17:48	5:28	5	3:41	42	5:10	19.50	1:40:59	5:10	17		37	1:08:19
Last lap Finish	3.25	18:27	5:40	7	18:02	51	18:02	22.75	1:59:26	5:14	5	46:06	45	1:15:02