



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Kisling, Tobias

Club: FTSV Heckershausen

Number: 323

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 34:38

Speed: 15.59 km/h

Running performance: 3:33 min/km

Rank in course/Total: 2 (of 149)

Rank in course/Men: 2 (of 105)

Best time in course: 32:58

Rank in category: 1(of 7)

Best time in the category: 34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:05	3:24	1	-	2	0:50	3.25	11:05	3:24	1	-	2	0:50
Lap 2	3.25	11:47	3:37	1	-	1	-	6.50	22:52	3:31	1	-	2	-
Last lap Finish	3.25	11:46	3:37	1	-	2	3:33	9.75	34:38	3:33	1	-	2	1:40