



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Manten, Thilo

Club: Die Mannschaft mit der Maus

Number: 12

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:00:43

Speed: 11.31 km/h

Running performance: 5:19 min/km

Rank in course/Total: 43 (of 128)

Rank in course/Men: 41 (of 109)

Best time in course: 1:26:57

Rank in category: 7(of 12)

Best time in the category: 1:42:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	17:05	5:15	7	3:20	57	4:49	3.25	17:05	5:15	7	2:13	46	17:05
Lap 2	3.25	16:53	5:11	7	2:46	55	4:36	6.50	33:58	5:13	7	4:59	46	33:58
Lap 3	3.25	16:54	5:11	7	2:55	43	4:43	9.75	50:52	5:13	7	7:54	43	50:52
Lap 4	3.25	17:12	5:17	7	2:31	40	5:00	13.00	1:08:04	5:14	7	10:25	42	1:08:04
Lap 5	3.25	17:00	5:13	7	1:55	36	4:25	16.25	1:25:04	5:14	7	12:20	41	1:10:15
Lap 6	3.25	17:36	5:24	6	2:20	38	4:58	19.50	1:42:40	5:15	7	14:40	40	1:10:00
Last lap Finish	3.25	18:03	5:33	6	3:18	44	17:38	22.75	2:00:43	5:18	7	17:58	47	1:16:19