



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Simonis, Andrea

Club: Kelkheim

Number: 122

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:01:52

Speed: 10.83 km/h

Running performance: 5:22 min/km

Rank in course/Total: 47 (of 128)

Rank in course/Women: 3 (of 19)

Best time in course: 1:59:50

Rank in category: 2(of 4)

Best time in the category: 2:00:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	17:10	5:16	2	0:16	3	0:28	3.25	17:10	5:16	2	0:16	10		
Lap 2	3.25	16:52	5:11	1	-	1	-	6.50	34:02	5:14	2	0:13	10		
Lap 3	3.25	16:58	5:13	2	0:12	2	0:12	9.75	51:00	5:13	2	0:25	10		
Lap 4	3.25	17:19	5:19	2	0:10	2	0:10	13.00	1:08:19	5:15	2	0:35	10		
Lap 5	3.25	17:30	5:23	2	0:07	2	0:07	16.25	1:25:49	5:16	2	0:42	10		
Lap 6	3.25	17:19	5:19	1	-	2	0:01	19.50	1:43:08	5:17	2	0:29	17		
Last lap Finish	3.25	18:44	5:45	2	1:02	4	2:01	22.75	2:01:52	5:21	2	1:31	3	2:02	