



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Jacobs, Stefan

Club: Egger Holzwerkstoffe Wismar

Number: 125

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:03:17

Speed: 11.07 km/h

Running performance: 5:25 min/km

Rank in course/Total: 49 (of 128)

Rank in course/Men: 46 (of 109)

Best time in course: 1:26:57

Rank in category: 7(of 21)

Best time in the category: 1:46:21

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 16:25 | 5:03 | 5 | 1:57 | 42 | 4:09 | 3.25 | 16:25 | 5:03 | 14 | | 51 | 16:25 |
| Lap 2 | 3.25 | 16:29 | 5:04 | 6 | 1:43 | 47 | 4:12 | 6.50 | 32:54 | 5:03 | 14 | | 51 | 32:54 |
| Lap 3 | 3.25 | 17:15 | 5:18 | 8 | 2:22 | 54 | 5:04 | 9.75 | 50:09 | 5:08 | 14 | | 48 | 50:09 |
| Lap 4 | 3.25 | 17:27 | 5:22 | 6 | 2:27 | 48 | 5:15 | 13.00 | 1:07:36 | 5:11 | 14 | | 47 | 1:07:36 |
| Lap 5 | 3.25 | 18:09 | 5:35 | 8 | 2:46 | 54 | 5:34 | 16.25 | 1:25:45 | 5:16 | 14 | | 46 | 1:10:56 |
| Lap 6 | 3.25 | 18:43 | 5:45 | 8 | 4:36 | 57 | 6:05 | 19.50 | 1:44:28 | 5:21 | 14 | | 45 | 1:11:48 |
| Last lap Finish | 3.25 | 18:49 | 5:47 | 8 | 18:24 | 58 | 18:24 | 22.75 | 2:03:17 | 5:25 | 8 | 49:57 | 52 | 1:18:53 |