



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Behrens, David B.

Club: Vorwärts Köln

Number: 82

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:03:25

Speed: 11.06 km/h

Running performance: 5:25 min/km

Rank in course/Total: 50 (of 128)

Rank in course/Men: 47 (of 109)

Best time in course: 1:26:57

Rank in category: 9(of 14)

Best time in the category: 1:26:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:03	4:56	7	3:47	33	3:47	3.25	16:03	4:56	9	3:47	52	16:03
Lap 2	3.25	17:03	5:14	11	4:46	57	4:46	6.50	33:06	5:05	9	8:33	52	33:06
Lap 3	3.25	17:34	5:24	11	5:23	57	5:23	9.75	50:40	5:11	9	13:56	49	50:40
Lap 4	3.25	17:30	5:23	9	5:18	49	5:18	13.00	1:08:10	5:14	9	19:14	48	1:08:10
Lap 5	3.25	18:24	5:39	10	5:49	60	5:49	16.25	1:26:34	5:19	9	25:03	47	1:11:45
Lap 6	3.25	18:23	5:39	10	5:45	49	5:45	19.50	1:44:57	5:22	9	30:48	46	1:12:17
Last lap Finish	3.25	18:28	5:40	8	5:40	52	18:03	22.75	2:03:25	5:25	9	36:28	53	1:19:01