



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Heide, Phillip

Club: Schmalkalder LV

Number: 374

Course: 9.75 km

10 km Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 45:11

Speed: 11.95 km/h

Running performance: 4:38 min/km

Rank in course/Total: 20 (of 149)

Rank in course/Men: 20 (of 105)

Best time in course: 32:58

Rank in category: 3(of 7)

Best time in the category: 40:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:36	4:29	2	2:03	21	4:21	3.25	14:36	4:29	3	2:03	21	4:21
Lap 2	3.25	15:31	4:46	3	1:31	24	3:44	6.50	30:07	4:38	3	3:34	20	5:22
Last lap Finish	3.25	15:04	4:38	3	0:57	19	6:51	9.75	45:11	4:38	3	4:31	20	12:13