



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Wellpoth, Andreas

Club: Fun Runner VfL Gladbeck

Number: 23

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:04:38

Speed: 10.59 km/h

Running performance: 5:29 min/km

Rank in course/Total: 52 (of 128)

Rank in course/Men: 49 (of 109)

Best time in course: 1:26:57

Rank in category: 13(of 21)

Best time in the category: 1:38:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:20	5:38	17	5:23	75	6:04	3.25	18:20	5:38	9	4:00	4	18:20
Lap 2	3.25	17:41	5:26	15	4:27	71	5:24	6.50	36:01	5:32	9	6:02	4	36:01
Lap 3	3.25	18:12	5:35	16	4:35	69	6:01	9.75	54:13	5:33	9	2:36	3	54:13
Lap 4	3.25	18:39	5:44	19	4:51	73	6:27	13.00	1:12:52	5:36	9	4:35	50	1:12:52
Lap 5	3.25	16:51	5:11	9	2:47	32	4:16	16.25	1:29:43	5:31	9	4:41	49	1:14:54
Lap 6	3.25	17:15	5:18	8	3:10	31	4:37	19.50	1:46:58	5:29	9	4:36	48	1:14:18
Last lap Finish	3.25	17:40	5:26	11	3:49	38	17:15	22.75	2:04:38	5:28	15	1:07:14	55	1:20:14