



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Braun, Georg

Club: KMG Laufgruppe

Number: 31

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:05:50

Speed: 10.49 km/h

Running performance: 5:32 min/km

Rank in course/Total: 57 (of 128)

Rank in course/Men: 54 (of 109)

Best time in course: 1:26:57

Rank in category: 9(of 16)

Best time in the category: 1:39:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	17:22	5:20	11	3:06	67	5:06	3.25	17:22	5:20	9	17:22	59	17:22	
Lap 2	3.25	17:32	5:23	13	3:38	69	5:15	6.50	34:54	5:22	9	34:54	2	34:54	
Lap 3	3.25	17:42	5:26	10	3:38	61	5:31	9.75	52:36	5:23	9	52:36	56	52:36	
Lap 4	3.25	18:11	5:35	10	3:56	61	5:59	13.00	1:10:47	5:26	9	1:10:47	55	1:10:47	
Lap 5	3.25	18:18	5:37	9	3:53	55	5:43	16.25	1:29:05	5:28	9	1:14:16	54	1:14:16	
Lap 6	3.25	18:27	5:40	8	4:08	51	5:49	19.50	1:47:32	5:30	9	1:14:52	53	1:14:52	
Last lap Finish	3.25	18:18	5:37	8	3:52	48	17:53	22.75	2:05:50	5:31	9	26:11	60	1:21:26	