



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Höfer, Johannes

Club: Hünfeld

Number: 115

Course: 22.75 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 2:06:02

Speed: 10.83 km/h

Running performance: 5:32 min/km

Rank in course/Total: 59 (of 128)

Rank in course/Men: 55 (of 109)

Best time in course: 1:26:57

Rank in category: 4(of 6)

Best time in the category: 1:42:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:06	5:34	5	5:04	74	5:50	3.25	18:06	5:34	5	5:04	60	18:06	
Lap 2	3.25	18:14	5:36	5	4:11	78	5:57	6.50	36:20	5:35	5	9:15	60	36:20	
Lap 3	3.25	18:18	5:37	4	2:12	72	6:07	9.75	54:38	5:36	4	11:27	57	54:38	
Lap 4	3.25	18:12	5:35	4	4:30	64	6:00	13.00	1:12:50	5:36	4	15:57	56	1:12:50	
Lap 5	3.25	18:05	5:33	4	3:12	49	5:30	16.25	1:30:55	5:35	4	19:09	55	1:16:06	
Lap 6	3.25	17:36	5:24	3	2:23	38	4:58	19.50	1:48:31	5:33	4	21:32	54	1:15:51	
Last lap Finish	3.25	17:31	5:23	4	2:20	34	17:06	22.75	2:06:02	5:32	5	1:21:38	61	1:21:38	