



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Hohn, Armin Michael

Club: Für Ameli 2013

Number: 8

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:07:00

Speed: 10.39 km/h

Running performance: 5:35 min/km

Rank in course/Total: 63 (of 128)

Rank in course/Men: 59 (of 109)

Best time in course: 1:26:57

Rank in category: 16(of 21)

Best time in the category: 1:38:01

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:00	4:55	8	3:03	32	3:44	3.25	16:00	4:55	6	1:40	63	16:00
Lap 2	3.25	16:05	4:56	7	2:51	32	3:48	6.50	32:05	4:56	6	2:06	63	32:05
Lap 3	3.25	16:41	5:08	9	3:04	38	4:30	9.75	48:46	5:00	6		60	48:46
Lap 4	3.25	17:30	5:23	14	3:42	49	5:18	13.00	1:06:16	5:05	6		59	1:06:16
Lap 5	3.25	18:28	5:40	15	4:24	61	5:53	16.25	1:24:44	5:12	6		58	1:09:55
Lap 6	3.25	20:23	6:16	18	6:18	83	7:45	19.50	1:45:07	5:23	6	2:45	57	1:12:27
Last lap Finish	3.25	21:53	6:44	19	8:02	87	21:28	22.75	2:07:00	5:34	18	1:09:36	65	1:22:36