



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Thormann, Thomas

Club: TEAM SGL

Number: 61

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:08:39

Speed: 10.26 km/h

Running performance: 5:39 min/km

Rank in course/Total: 70 (of 128)

Rank in course/Men: 65 (of 109)

Best time in course: 1:26:57

Rank in category: 8(of 12)

Best time in the category: 1:42:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:29	5:41	8	4:44	79	6:13	3.25	18:29	5:41	8	3:37	68	18:29	
Lap 2	3.25	17:43	5:27	8	3:36	74	5:26	6.50	36:12	5:34	8	7:13	68	36:12	
Lap 3	3.25	18:04	5:33	8	4:05	67	5:53	9.75	54:16	5:33	8	11:18	65	54:16	
Lap 4	3.25	18:11	5:35	8	3:30	61	5:59	13.00	1:12:27	5:34	8	14:48	64	1:12:27	
Lap 5	3.25	18:22	5:39	8	3:17	58	5:47	16.25	1:30:49	5:35	8	18:05	63	1:16:00	
Lap 6	3.25	19:00	5:50	8	3:44	60	6:22	19.50	1:49:49	5:37	8	21:49	62	1:17:09	
Last lap Finish	3.25	18:50	5:47	8	4:05	59	18:25	22.75	2:08:39	5:39	8	25:54	71	1:24:15	