



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Facini, Bernd

Club: Frankfurt a.M.

Number: 96

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:08:43

Speed: 10.26 km/h

Running performance: 5:40 min/km

Rank in course/Total: 72 (of 128)

Rank in course/Men: 66 (of 109)

Best time in course: 1:26:57

Rank in category: 17(of 21)

Best time in the category: 1:38:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:35	5:43	19	5:38	82	6:19	3.25	18:35	5:43	5	4:15	70	18:35
Lap 2	3.25	18:19	5:38	18	5:05	82	6:02	6.50	36:54	5:40	5	6:55	70	36:54
Lap 3	3.25	18:30	5:41	18	4:53	77	6:19	9.75	55:24	5:40	5	3:47	67	55:24
Lap 4	3.25	18:20	5:38	17	4:32	68	6:08	13.00	1:13:44	5:40	5	5:27	66	1:13:44
Lap 5	3.25	18:21	5:38	14	4:17	57	5:46	16.25	1:32:05	5:39	5	7:03	65	1:17:16
Lap 6	3.25	18:33	5:42	13	4:28	52	5:55	19.50	1:50:38	5:40	5	8:16	64	1:17:58
Last lap Finish	3.25	18:05	5:33	13	4:14	45	17:40	22.75	2:08:43	5:39	19	1:11:19	72	1:24:19