



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Röder, Thomas

Club: Hünfeld

Number: 92

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:10:04

Speed: 10.49 km/h

Running performance: 5:43 min/km

Rank in course/Total: 75 (of 128)

Rank in course/Men: 70 (of 109)

Best time in course: 1:26:57

Rank in category: 13(of 14)

Best time in the category: 1:26:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:05	5:33	13	5:49	73	5:49	3.25	18:05	5:33	12	5:49	73	18:05
Lap 2	3.25	18:15	5:36	13	5:58	79	5:58	6.50	36:20	5:35	12	11:47	60	36:20
Lap 3	3.25	18:18	5:37	13	6:07	72	6:07	9.75	54:38	5:36	12	17:54	57	54:38
Lap 4	3.25	18:11	5:35	13	5:59	61	5:59	13.00	1:12:49	5:36	12	23:53	69	1:12:49
Lap 5	3.25	18:05	5:33	9	5:30	49	5:30	16.25	1:30:54	5:35	12	29:23	68	1:16:05
Lap 6	3.25	17:10	5:16	6	4:32	30	4:32	19.50	1:48:04	5:32	12	33:55	67	1:15:24
Last lap Finish	3.25	22:00	6:46	12	9:12	88	21:35	22.75	2:10:04	5:43	13	43:07	76	1:25:40