



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Engel, Silvio

Club: Leipzig

Number: 138

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:10:30

Speed: 10.46 km/h

Running performance: 5:44 min/km

Rank in course/Total: 77 (of 128)

Rank in course/Men: 71 (of 109)

Best time in course: 1:26:57

Rank in category: 11(of 21)

Best time in the category: 1:46:21

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.25	18:37	5:43	13	4:09	83	6:21	3.25	18:37	5:43	1	-	74	18:37
Lap 2	3.25	18:28	5:40	13	3:42	85	6:11	6.50	37:05	5:42	1	-	74	37:05
Lap 3	3.25	18:22	5:39	13	3:29	74	6:11	9.75	55:27	5:41	1	-	71	55:27
Lap 4	3.25	18:24	5:39	10	3:24	69	6:12	13.00	1:13:51	5:40	1	-	70	1:13:51
Lap 5	3.25	18:29	5:41	9	3:06	62	5:54	16.25	1:32:20	5:40	1	-	69	1:17:31
Lap 6	3.25	19:01	5:51	10	4:54	61	6:23	19.50	1:51:21	5:42	1	-	68	1:18:41
Last lap Finish	3.25	19:09	5:53	10	18:44	65	18:44	22.75	2:10:30	5:44	12	57:10	77	1:26:06