



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Matthes, Jan

Club: Laufftreff Breitungen

Number: 33

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:12:43

Speed: 9.95 km/h

Running performance: 5:50 min/km

Rank in course/Total: 80 (of 128)

Rank in course/Men: 74 (of 109)

Best time in course: 1:26:57

Rank in category: 12(of 16)

Best time in the category: 1:39:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	17:12	5:17	10	2:56	61	4:56	3.25	17:12	5:17	12	17:12	77	17:12
Lap 2	3.25	19:29	5:59	14	5:35	94	7:12	6.50	36:41	5:38	12	36:41	77	36:41
Lap 3	3.25	18:10	5:35	13	4:06	68	5:59	9.75	54:51	5:37	12	54:51	74	54:51
Lap 4	3.25	19:15	5:55	13	5:00	80	7:03	13.00	1:14:06	5:41	12	1:14:06	73	1:14:06
Lap 5	3.25	20:17	6:14	15	5:52	89	7:42	16.25	1:34:23	5:48	12	1:19:34	72	1:19:34
Lap 6	3.25	19:12	5:54	11	4:53	63	6:34	19.50	1:53:35	5:49	12	1:20:55	71	1:20:55
Last lap Finish	3.25	19:08	5:53	13	4:42	64	18:43	22.75	2:12:43	5:50	12	33:04	80	1:28:19