



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

## Detailed evaluation

**Süreth, Matthias**

Club: Kreuzau

Number: 104

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:13:26

Speed: 10.23 km/h

Running performance: 5:52 min/km

Rank in course/Total: 82 (of 128)

Rank in course/Men: 76 (of 109)

Best time in course: 1:26:57

Rank in category: 18(of 21)

Best time in the category: 1:38:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:10	6:12	20	7:13	97	7:54	3.25	20:10	6:12	4	5:50	79	20:10
Lap 2	3.25	20:26	6:17	20	7:12	99	8:09	6.50	40:36	6:14	4	10:37	79	40:36
Lap 3	3.25	20:29	6:18	19	6:52	95	8:18	9.75	1:01:05	6:15	4	9:28	76	1:01:05
Lap 4	3.25	16:43	5:08	10	2:55	37	4:31	13.00	1:17:48	5:59	4	9:31	75	1:17:48
Lap 5	3.25	19:25	5:58	19	5:21	79	6:50	16.25	1:37:13	5:58	4	12:11	74	1:22:24
Lap 6	3.25	18:34	5:42	14	4:29	53	5:56	19.50	1:55:47	5:56	4	13:25	73	1:23:07
Last lap Finish	3.25	17:39	5:25	10	3:48	37	17:14	22.75	2:13:26	5:51	20	1:16:02	82	1:29:02