



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Bretfeld, Steffen

Club: VfB IMO Merseburg

Number: 76

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:14:14

Speed: 9.83 km/h

Running performance: 5:54 min/km

Rank in course/Total: 83 (of 128)

Rank in course/Men: 77 (of 109)

Best time in course: 1:26:57

Rank in category: 19(of 21)

Best time in the category: 1:38:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	18:34	5:42	18	5:37	81	6:18	3.25	18:34	5:42	3	4:14	80	18:34
Lap 2	3.25	18:41	5:44	19	5:27	88	6:24	6.50	37:15	5:43	3	7:16	80	37:15
Lap 3	3.25	18:26	5:40	17	4:49	75	6:15	9.75	55:41	5:42	3	4:04	77	55:41
Lap 4	3.25	18:32	5:42	18	4:44	71	6:20	13.00	1:14:13	5:42	3	5:56	76	1:14:13
Lap 5	3.25	19:07	5:52	17	5:03	74	6:32	16.25	1:33:20	5:44	3	8:18	75	1:18:31
Lap 6	3.25	20:33	6:19	19	6:28	85	7:55	19.50	1:53:53	5:50	3	11:31	74	1:21:13
Last lap Finish	3.25	20:21	6:15	17	6:30	77	19:56	22.75	2:14:14	5:54	21	1:16:50	83	1:29:50