



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Köber, Mario

Club: SG-Airbus Srade

Number: 98

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:18:09

Speed: 9.55 km/h

Running performance: 6:04 min/km

Rank in course/Total: 89 (of 128)

Rank in course/Men: 82 (of 109)

Best time in course: 1:26:57

Rank in category: 5(of 9)

Best time in the category: 2:08:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	17:19	5:19	3	0:07	66	5:03	3.25	17:19	5:19	6		84	17:19
Lap 2	3.25	17:46	5:28	5	0:57	76	5:29	6.50	35:05	5:23	6	0:42	84	35:05
Lap 3	3.25	18:34	5:42	5	1:15	80	6:23	9.75	53:39	5:30	6	1:35	81	53:39
Lap 4	3.25	20:11	6:12	5	2:19	89	7:59	13.00	1:13:50	5:40	5	4:34	80	1:13:50
Lap 5	3.25	19:56	6:08	5	1:16	87	7:21	16.25	1:33:46	5:46	5	5:50	79	1:18:57
Lap 6	3.25	21:32	6:37	6	2:12	89	8:54	19.50	1:55:18	5:54	5	7:58	78	1:22:38
Last lap Finish	3.25	22:51	7:01	7	3:38	96	22:26	22.75	2:18:09	6:04	6	1:05:45	88	1:33:45