



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Wulf, Torsten

Club: Beamteam

Number: 143

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:27:40

Speed: 8.94 km/h

Running performance: 6:29 min/km

Rank in course/Total: 99 (of 128)

Rank in course/Men: 90 (of 109)

Best time in course: 1:26:57

Rank in category: 15(of 21)

Best time in the category: 1:46:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:10	6:12	17	5:42	97	7:54	3.25	20:10	6:12	8	1:33	79	20:10
Lap 2	3.25	20:26	6:17	17	5:40	99	8:09	6.50	40:36	6:14	8	3:31	79	40:36
Lap 3	3.25	20:29	6:18	16	5:36	95	8:18	9.75	1:01:05	6:15	8	5:38	76	1:01:05
Lap 4	3.25	21:23	6:34	16	6:23	94	9:11	13.00	1:22:28	6:20	8	8:37	87	1:22:28
Lap 5	3.25	21:14	6:31	15	5:51	92	8:39	16.25	1:43:42	6:22	8	11:22	86	1:28:53
Lap 6	3.25	21:42	6:40	16	7:35	92	9:04	19.50	2:05:24	6:25	8	14:03	85	1:32:44
Last lap Finish	3.25	22:16	6:51	17	21:51	92	21:51	22.75	2:27:40	6:29	16	1:14:20	96	1:43:16