



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Medda, Daniel

Club: Leimbach

Number: 650

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:28:00

Speed: 8.92 km/h

Running performance: 6:31 min/km

Rank in course/Total: 100 (of 128)

Rank in course/Men: 91 (of 109)

Best time in course: 1:26:57

Rank in category: 14(of 14)

Best time in the category: 1:26:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:06	5:52	14	6:50	91	6:50	3.25	19:06	5:52	13	6:50	92	19:06
Lap 2	3.25	18:18	5:37	14	6:01	80	6:01	6.50	37:24	5:45	13	12:51	92	37:24
Lap 3	3.25	19:09	5:53	14	6:58	87	6:58	9.75	56:33	5:47	13	19:49	89	56:33
Lap 4	3.25	19:54	6:07	14	7:42	87	7:42	13.00	1:16:27	5:52	13	27:31	88	1:16:27
Lap 5	3.25	20:45	6:23	14	8:10	90	8:10	16.25	1:37:12	5:58	13	35:41	87	1:22:23
Lap 6	3.25	23:45	7:18	14	11:07	94	11:07	19.50	2:00:57	6:12	13	46:48	86	1:28:17
Last lap Finish	3.25	27:03	8:19	14	14:15	103	26:38	22.75	2:28:00	6:30	14	1:01:03	97	1:43:36