



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Drolc, Berni

Club: Fun Runner VFL Gladbeck

Number: 24

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:28:57

Speed: 8.86 km/h

Running performance: 6:33 min/km

Rank in course/Total: 103 (of 128)

Rank in course/Men: 92 (of 109)

Best time in course: 1:26:57

Rank in category: 6(of 8)

Best time in the category: 1:36:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	19:29	5:59	8	5:36	92	7:13	3.25	19:29	5:59	7	4:56	93	19:29	
Lap 2	3.25	19:25	5:58	8	6:01	93	7:08	6.50	38:54	5:59	7	10:57	93	38:54	
Lap 3	3.25	19:52	6:06	7	5:57	94	7:41	9.75	58:46	6:01	7	16:54	90	58:46	
Lap 4	3.25	19:40	6:03	7	5:47	85	7:28	13.00	1:18:26	6:01	7	22:41	89	1:18:26	
Lap 5	3.25	22:24	6:53	6	8:41	94	9:49	16.25	1:40:50	6:12	7	31:22	88	1:26:01	
Lap 6	3.25	19:38	6:02	6	5:28	73	7:00	19.50	2:00:28	6:10	6	36:50	87	1:27:48	
Last lap Finish	3.25	28:29	8:45	8	28:02	104	28:04	22.75	2:28:57	6:32	7	52:07	98	1:44:33	