



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Kuschmierz, Heiko

Club: FV Zabeltitz

Number: 530

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:39:45

Speed: 11.47 km/h

Running performance: 5:12 min/km

Rank in course/Total: 32 (of 148)

Rank in course/Men: 32 (of 130)

Best time in course: 2:45:50

Rank in category: 6(of 28)

Best time in the category: 2:51:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:59	4:36	8	2:11	31	2:43	3.25	14:59	4:36	28		2	2:11
Lap 2	3.25	15:27	4:45	8	2:03	38	2:49	6.50	30:26	4:40	28		2	4:14
Lap 3	3.25	15:45	4:50	9	2:44	40	3:14	9.75	46:11	4:44	28		2	5:54
Lap 4	3.25	15:50	4:52	9	2:53	38	3:19	13.00	1:02:01	4:46	28		2	7:13
Lap 5	3.25	15:55	4:53	8	2:47	33	3:18	16.25	1:17:56	4:47	28		2	8:05
Lap 6	3.25	15:48	4:51	5	2:53	24	3:10	19.50	1:33:44	4:48	28		2	7:02
Lap 7	3.25	15:53	4:53	5	2:35	25	3:13	22.75	1:49:37	4:49	28		2	4:57
Lap 8	3.25	16:17	5:00	6	2:59	24	3:40	26.00	2:05:54	4:50	15		1	-
Lap 9	3.25	16:57	5:12	6	3:45	25	4:14	29.25	2:22:51	4:53	15		1	-
Lap 10	3.25	17:47	5:28	7	4:22	34	4:58	32.50	2:40:38	4:56	15		1	-
Lap 11	3.25	19:31	6:00	14	6:17	57	6:29	35.75	3:00:09	5:02	15		1	-
Lap 12	3.25	19:52	6:06	13	6:25	57	6:28	39.00	3:20:01	5:07	15		1	-
Last lap Finish	3.25	19:44	6:04	13	19:27	57	19:27	42.25	3:39:45	5:12	7	1:54:48	35	3:19:34