



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Reisener, Sigurd

Club: Annakram e. V. laufendhelfen

Number: 2

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:53:03

Speed: 7.63 km/h

Running performance: 7:37 min/km

Rank in course/Total: 114 (of 128)

Rank in course/Men: 99 (of 109)

Best time in course: 1:26:57

Rank in category: 15(of 16)

Best time in the category: 1:39:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	23:02	7:05	14	8:46	104	10:46	3.25	23:02	7:05	15	23:02	104	23:02
Lap 2	3.25	21:57	6:45	16	8:03	103	9:40	6.50	44:59	6:55	15	44:59	104	44:59
Lap 3	3.25	22:53	7:02	16	8:49	101	10:42	9.75	1:07:52	6:57	15	1:07:52	101	1:07:52
Lap 4	3.25	23:52	7:20	16	9:37	101	11:40	13.00	1:31:44	7:03	15	1:31:44	100	1:31:44
Lap 5	3.25	24:59	7:41	16	10:34	98	12:24	16.25	1:56:43	7:10	15	1:41:54	99	1:41:54
Lap 6	3.25	27:33	8:28	16	13:14	100	14:55	19.50	2:24:16	7:23	15	1:51:36	98	1:51:36
Last lap Finish	3.25	28:47	8:51	16	14:21	106	28:22	22.75	2:53:03	7:36	15	1:13:24	105	2:08:39