



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Klein, Stephan

Club: LT Düsseldorf/CaBaNauTeN

Number: 564

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:21:49

Speed: 9.63 km/h

Running performance: 6:14 min/km

Rank in course/Total: 95 (of 128)

Rank in course/Men: 88 (of 109)

Best time in course: 1:26:57

Rank in category: 14(of 16)

Best time in the category: 1:39:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	25:08	7:44	15	10:52	106	12:52	3.25	25:08	7:44	16	25:08	105	25:08
Lap 2	3.25	17:05	5:15	9	3:11	59	4:48	6.50	42:13	6:29	16	42:13	105	42:13
Lap 3	3.25	18:33	5:42	14	4:29	79	6:22	9.75	1:00:46	6:13	16	1:00:46	102	1:00:46
Lap 4	3.25	19:05	5:52	12	4:50	76	6:53	13.00	1:19:51	6:08	16	1:19:51	101	1:19:51
Lap 5	3.25	19:45	6:04	14	5:20	84	7:10	16.25	1:39:36	6:07	16	1:24:47	100	1:24:47
Lap 6	3.25	20:10	6:12	15	5:51	81	7:32	19.50	1:59:46	6:08	16	1:27:06	99	1:27:06
Last lap Finish	3.25	22:03	6:47	15	7:37	90	21:38	22.75	2:21:49	6:14	14	42:10	94	1:37:25