



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Schindler, Michael

Club: TV Helmbrechts

Number: 628

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:56:38

Speed: 11.32 km/h

Running performance: 5:08 min/km

Rank in course/Total: 31 (of 128)

Rank in course/Men: 31 (of 109)

Best time in course: 1:26:57

Rank in category: 7(of 21)

Best time in the category: 1:38:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:19	5:01	11	3:22	39	4:03	3.25	16:19	5:01	2	1:59	100	16:19
Lap 2	3.25	16:28	5:03	11	3:14	44	4:11	6.50	32:47	5:02	2	2:48	100	32:47
Lap 3	3.25	16:26	5:03	8	2:49	35	4:15	9.75	49:13	5:02	2		97	49:13
Lap 4	3.25	16:25	5:03	8	2:37	28	4:13	13.00	1:05:38	5:02	2		96	1:05:38
Lap 5	3.25	16:43	5:08	7	2:39	29	4:08	16.25	1:22:21	5:04	2		32	1:07:32
Lap 6	3.25	16:53	5:11	6	2:48	25	4:15	19.50	1:39:14	5:05	2		30	1:06:34
Last lap Finish	3.25	17:24	5:21	9	3:33	31	16:59	22.75	1:56:38	5:07	9	59:14	37	1:12:14