



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Nalfatti, Pio

Club: Atletica Rotaliana

Number: 635

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:05:18

Speed: 13.60 km/h

Running performance: 4:23 min/km

Rank in course/Total: 6 (of 148)

Rank in course/Men: 6 (of 130)

Best time in course: 2:45:50

Rank in category: 1(of 21)

Best time in the category: 3:05:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:13	4:03	1	-	8	0:57	3.25	13:13	4:03	12	-	8	0:25
Lap 2	3.25	13:20	4:06	1	-	7	0:42	6.50	26:33	4:05	12	-	8	0:21
Lap 3	3.25	13:18	4:05	1	-	6	0:47	9.75	39:51	4:05	12	-	8	
Lap 4	3.25	13:27	4:08	1	-	8	0:56	13.00	53:18	4:05	12	-	8	
Lap 5	3.25	13:46	4:14	1	-	12	1:09	16.25	1:07:04	4:07	12	-	8	
Lap 6	3.25	13:50	4:15	1	-	9	1:12	19.50	1:20:54	4:08	12	-	8	
Lap 7	3.25	13:59	4:18	1	-	8	1:19	22.75	1:34:53	4:10	12	-	8	
Lap 8	3.25	14:13	4:22	1	-	8	1:36	26.00	1:49:06	4:11	12	-	7	
Lap 9	3.25	14:41	4:31	1	-	8	1:58	29.25	2:03:47	4:13	12	-	7	
Lap 10	3.25	14:50	4:33	1	-	7	2:01	32.50	2:18:37	4:15	12	-	7	
Lap 11	3.25	15:08	4:39	1	-	7	2:06	35.75	2:33:45	4:18	12	-	7	
Lap 12	3.25	15:56	4:54	1	-	10	2:32	39.00	2:49:41	4:21	12	-	7	
Last lap Finish	3.25	15:37	4:48	2	0:15	12	15:20	42.25	3:05:18	4:23	1	-	8	2:45:07