



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Schneider, Detlef

Club: LG Friedrichroda

Number: 350

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 46:41

Speed: 12.53 km/h

Running performance: 4:47 min/km

Rank in course/Total: 27 (of 149)

Rank in course/Men: 27 (of 105)

Best time in course: 32:58

Rank in category: 2(of 18)

Best time in the category: 39:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Lap 1	3.25	14:31	4:28	2	1:44	19	4:16	3.25	14:31	4:28	18		23	4:16
Lap 2	3.25	15:54	4:53	2	2:29	25	4:07	6.50	30:25	4:40	18		27	5:40
Last lap Finish	3.25	16:16	5:00	4	2:58	33	8:03	9.75	46:41	4:47	2	7:11	28	13:43