



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Wolf, Daniel

Club: LG Priestewitz Team Schritt für Schritt
Number: 554

Course: 42.25 km
Marathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:20:35

Speed: 12.56 km/h
Running performance: 4:45 min/km

Rank in course/Total: 14 (of 148)

Rank in course/Men: 14 (of 130)

Best time in course: 2:45:50

Rank in category: 5(of 24)

Best time in the category: 2:45:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:33	4:28	7	2:17	23	2:17	3.25	14:33	4:28	20		17	1:45
Lap 2	3.25	14:40	4:30	7	2:02	21	2:02	6.50	29:13	4:29	20		17	3:01
Lap 3	3.25	14:35	4:29	7	1:53	18	2:04	9.75	43:48	4:29	19		16	3:31
Lap 4	3.25	14:13	4:22	5	1:35	12	1:42	13.00	58:01	4:27	20		16	3:13
Lap 5	3.25	13:37	4:11	5	1:00	11	1:00	16.25	1:11:38	4:24	20		17	1:47
Lap 6	3.25	13:51	4:15	4	1:13	10	1:13	19.50	1:25:29	4:23	20		17	
Lap 7	3.25	14:24	4:25	3	1:44	10	1:44	22.75	1:39:53	4:23	19		17	
Lap 8	3.25	15:21	4:43	4	2:44	14	2:44	26.00	1:55:14	4:25	20		16	
Lap 9	3.25	16:05	4:56	6	3:22	21	3:22	29.25	2:11:19	4:29	19		16	
Lap 10	3.25	16:23	5:02	5	3:34	16	3:34	32.50	2:27:42	4:32	19		16	
Lap 11	3.25	17:17	5:19	7	4:15	23	4:15	35.75	2:44:59	4:36	19		16	
Lap 12	3.25	17:37	5:25	8	4:13	24	4:13	39.00	3:02:36	4:40	18		15	
Last lap Finish	3.25	17:59	5:31	7	4:54	32	17:42	42.25	3:20:35	4:44	6	3:00:24	17	3:00:24