



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Frey, Peter

Club: DUV/Pausa

Number: 525

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:22:00

Speed: 12.48 km/h

Running performance: 4:47 min/km

Rank in course/Total: 16 (of 148)

Rank in course/Men: 16 (of 130)

Best time in course: 2:45:50

Rank in category: 2(of 28)

Best time in the category: 2:59:43

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:45	4:32	2	2:01	27	2:29	3.25	14:45	4:32	28		20	1:57
Lap 2	3.25	16:39	5:07	12	3:45	68	4:01	6.50	31:24	4:49	28		20	5:12
Lap 3	3.25	15:28	4:45	4	2:15	33	2:57	9.75	46:52	4:48	28		20	6:35
Lap 4	3.25	15:21	4:43	3	1:50	25	2:50	13.00	1:02:13	4:47	28		20	7:25
Lap 5	3.25	15:13	4:40	2	1:42	18	2:36	16.25	1:17:26	4:45	28		20	7:35
Lap 6	3.25	16:30	5:04	9	2:50	47	3:52	19.50	1:33:56	4:49	28		20	7:14
Lap 7	3.25	15:15	4:41	2	1:32	18	2:35	22.75	1:49:11	4:47	28		20	4:31
Lap 8	3.25	15:14	4:41	2	1:25	13	2:37	26.00	2:04:25	4:47	28		19	
Lap 9	3.25	15:33	4:47	2	1:33	13	2:50	29.25	2:19:58	4:47	28		19	
Lap 10	3.25	15:34	4:47	2	1:14	10	2:45	32.50	2:35:32	4:47	27		19	
Lap 11	3.25	15:56	4:54	2	1:18	11	2:54	35.75	2:51:28	4:47	27		19	
Lap 12	3.25	15:33	4:47	2	0:34	9	2:09	39.00	3:07:01	4:47	27		18	
Last lap Finish	3.25	14:59	4:36	2	0:18	7	14:42	42.25	3:22:00	4:46	2	22:17	19	3:01:49