



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Malzahn, Kai

Club: Team Erdinger Alkoholfrei
Number: 395

Course: 9.75 km
10 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 36:48

Speed: 14.67 km/h
Running performance: 3:46 min/km

Rank in course/Total: 3 (of 149)

Rank in course/Men: 3 (of 105)

Best time in course: 32:58

Rank in category: 1(of 13)

Best time in the category: 36:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:57	3:40	1	-	3	1:42	3.25	11:57	3:40	1	-	3	1:42
Lap 2	3.25	12:20	3:47	1	-	2	0:33	6.50	24:17	3:44	1	-	3	
Last lap Finish	3.25	12:31	3:51	1	-	3	4:18	9.75	36:48	3:46	1	-	3	3:50