



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Kümmel, Stephan

Club: LG Priestewitz

Number: 552

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:35:31

Speed: 11.69 km/h

Running performance: 5:06 min/km

Rank in course/Total: 24 (of 148)

Rank in course/Men: 24 (of 130)

Best time in course: 2:45:50

Rank in category: 3(of 28)

Best time in the category: 2:59:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:04	4:38	3	2:20	36	2:48	3.25	15:04	4:38	27		27	2:16
Lap 2	3.25	15:22	4:43	5	2:28	36	2:44	6.50	30:26	4:40	27		2	4:14
Lap 3	3.25	15:47	4:51	7	2:34	41	3:16	9.75	46:13	4:44	27		27	5:56
Lap 4	3.25	15:49	4:51	7	2:18	37	3:18	13.00	1:02:02	4:46	27		27	7:14
Lap 5	3.25	15:54	4:53	5	2:23	31	3:17	16.25	1:17:56	4:47	27		2	8:05
Lap 6	3.25	15:48	4:51	3	2:08	24	3:10	19.50	1:33:44	4:48	27		2	7:02
Lap 7	3.25	15:53	4:53	4	2:10	25	3:13	22.75	1:49:37	4:49	27		2	4:57
Lap 8	3.25	16:18	5:00	3	2:29	25	3:41	26.00	2:05:55	4:50	27		26	0:01
Lap 9	3.25	16:58	5:13	3	2:58	26	4:15	29.25	2:22:53	4:53	27		26	0:02
Lap 10	3.25	17:44	5:27	5	3:24	33	4:55	32.50	2:40:37	4:56	26		26	
Lap 11	3.25	18:40	5:44	6	4:02	38	5:38	35.75	2:59:17	5:00	26		26	
Lap 12	3.25	19:07	5:52	7	4:08	43	5:43	39.00	3:18:24	5:05	26		25	
Last lap Finish	3.25	17:07	5:15	4	2:26	24	16:50	42.25	3:35:31	5:06	3	35:48	27	3:15:20