



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Schulz, Toni

Club: Weidrenner

Number: 426

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 47:29

Speed: 11.37 km/h

Running performance: 4:52 min/km

Rank in course/Total: 29 (of 149)

Rank in course/Men: 29 (of 105)

Best time in course: 32:58

Rank in category: 3(of 11)

Best time in the category: 45:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:38	4:30	2	0:56	22	4:23	3.25	14:38	4:30	4		27	4:23
Lap 2	3.25	16:12	4:59	2	1:06	28	4:25	6.50	30:50	4:44	3	0:50	25	6:05
Last lap Finish	3.25	16:39	5:07	4	1:26	39	8:26	9.75	47:29	4:52	3	2:16	30	14:31